

National Federation of State
High School Associations



High School Heads Up Football® (HUF) Certification

The High School Heads Up Football® Certification, brought to you by the National Federation of State High School Associations and USA Football, encompasses student-athlete health protocols and skill development. USA Football's Heads Up Football® program, endorsed by leading experts across medicine and sport, establishes standards rooted in the best available science. The curriculum includes Heads Up Blocking™, Heads Up Tackling™, equipment fitting and all-sport-relevant topics of concussion recognition and response, heat emergency preparedness and protocols for sudden cardiac arrest.

High School HUF® Certification Requires Completion of Four Courses:

- High School Heads Up Football® Certification Course
- Concussion in Sports
- Heat Illness Prevention
- Sudden Cardiac Arrest



All four courses must be completed to receive your High School Heads Up Football® Certification.

More Information at nfhslearn.com/HeadsUpFootball