

## Teaching Sports Skills

Teaching Sports Skills, based on the National Standards for Sport Coaches, provides the teacher/coach with information needed for successful teaching methods. Successful coaching and successful teaching share many characteristics in their approaches and results. This course provides education for those individuals who have not had training in how to teach sports skills.

## **Course Objectives**

- Overview of critical steps of instruction
- Identifying demands and targeting purposes of skills
- How to make effective practice tasks
- Communicate what is to be learned through use of implicit instruction
- Organize practice arrangements
- Provide appropriate supervision and feedback
- Make sure the environment minimizes risk
- Check for understanding
- Continuously re-check that players are on-task and successful

## **Units**

- Sport Skills Instruction
- Implicit Instruction
- Designing Intentional Instructions
- Coach Functions in Teaching Skills

## More

- Unlimited access to course & resources for one year from date of purchase
- Use to fulfill **a**cor **c**ertification requirements
- Approved by NFHS for 5 course clock hours