



Coaching Unified Sports

Course Objectives:

- The history and mission of Special Olympics®, Special Olympics Unified Sports, and Project UNIFY
- How to promote participation and the concept of “social inclusion”
- The benefits of participating in a Unified Sports program
- Learn the seven criteria for Special Olympics Unified Sports success

Introduction

Special Olympics

- Special Olympics Mission and History
- Social Inclusion

Special Olympics Unified Sports

- Unified Sports History
- Unified Sports Benefits
- Unified Sports Testimonials
- Unified Sports Options

Project UNIFY

- Project UNIFY History
- Youth Activation Committees
- Relationship between Unified Sports and Project UNIFY
- Project UNIFY Testimonials

Coach Education

- Importance

The 7 Criteria for Special Olympics Unified Sports Success

- Principle of meaningful involvement
- Appropriate Sport Selection
- Qualified Coaching Staff
- Selection of Teammates
- Training and Competition
- Rules
- Commitment of Support

Special Olympics Unified Sports Recreation

- Unified Sports Recreation

Situations

- Player Dominance
- Competitive Model
- Player Development Model
- Unified Recreation
- Player Assessment

Resource Summary: Beyond the Playing Field - The Impact of Special Olympics Unified Sports, A Model for Social Inclusion? An Evaluation of Special Olympics Unified Sports Program, Youth Activation Committee Toolkit, Recruiting Diverse Youth Leaders, Assessing-Forming Teams, Unified Sports Recreation Guidelines, and Unified Sports Team Participation Agreement.