



**Coach Education**  
[www.nfhslearn.com](http://www.nfhslearn.com)

## **Creating a Safe and Respectful Environment**

### **Course Objectives:**

- Define inappropriate relationships and behaviors
- Define Hazing
- Define Bullying and Cyberbullying
- The role of the Coach

### **Unit 1: Introduction**

### **Unit 2: Inappropriate, Abusive or Harassing Behavior**

- Defining Inappropriate Behaviors
- Harassment from a Legal Perspective
- Statistics – Sexual Harassment
- Role of the Coach
- Elements of a Good Reporting System

### **Unit 3: Hazing**

- Hazing
- Hazing from a Legal Perspective
- Types of Hazing
- Hazing by the Numbers
- Role of the Coach
- Alternatives to Hazing

### **Unit 4: Bullying and Cyberbullying**

- Bullying and Cyberbullying
- Cyberbullying and Social Media from a Legal Perspective
- Statistics – Bullying
- Statistics – Cyberbullying
- Role of the Coach
- Suggestions to Prevent Bullying and Cyberbullying

### **Unit 5: Conclusion**

**Resources:** Coaching Do's and Don'ts When Interacting with Students; OCR Dear Colleague Letter – Sexual Violence; OCR Sexual Harassment; Sample Sexual Harassment Policies and Reporting from OCR; Sexual Harassment NFHS; USA Swimming Policies and Guidelines for Athlete Protection; Web Links – Harassment; Legal Case Studies of Harassment; Alfred University Hazing Study; NFHS – Hazing Laws and Policies; NFHS – Hazing Myths and Realities; NFHS – What is Hazing; Web Links – Hazing; Legal Case Studies of Hazing; Department of Education Report on Bullying; Do's and Don'ts for Student Use of the Internet; Olweus and Coloroso Bullying Tips and Do's and Don'ts; Sample Policy for Technology Use from Kentucky Department of Education; Stop Bullying Now; Vermont Department of Education Model Bullying Prevention Plan; Web Links – Bullying and Cyberbullying