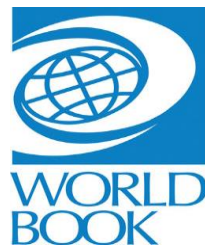




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Learning Pro: Homework Helper

Unit 1: Introduction

Unit 1: Prepare To Study

- Report From The Field
- Prepare Your Study Space
- Get Organized
- Schedule Your Time Effectively

Unit 3: Manage Distractions

- Report From The Field
- Make Yourself Comfortable
- Internal Distractions
- Emotional Distractions
- Stress

Unit 4: Develop Good Study Habits

- Study Habits Inventory
- Initiative
- Compulsivity
- Distractibility

Unit 5: Conclusion

- Review

Resources:

- Distractions (PDF)
- Managing Compulsivity (PDF)
- Managing Stress (PDF)
- Prepare Your Space (PDF)
- Schedule Your Time (PDF)
- Study Habits Inventory (PDF)
- Take The Initiative (PDF)