



## **Interscholastic Officiating**

### **Course Objectives:**

- To learn the art and science behind officiating
- To learn what to expect and how to improve as an official

### **Unit 1: Introduction**

- NFHS Introduction
- Course Introduction
- Course Objectives

### **Unit 2: Basics**

- Objectives
- Why Become an Official?
- The High School Environment
- The Foundation of Officiating
- Key Points

### **Unit 3: Science**

- Objectives
- Rules Knowledge
- Mechanics
- Fitness and Conditioning
- Key Points
- Checkpoint

### **Unit 4: Art**

- Objectives
- Game Speed Decisions
- Communication
- Managing Difficult Situations
- Key Points
- Checkpoint

### **Unit 5: Balance**

- Objectives
- Getting Started
- Obtaining a Schedule
- Keeping Organized
- Professional Development
- Course Review

### **Unit 6: Course Close**