

HIGH SCHOOL COMMITTEE THIRD QUARTER UPDATE



The intention of this series is to update our stakeholders on both the progress of this committee and the current state of High School tennis from across the country. In this third edition we summarized the project teams' progress, introduced both Tennis on Campus and Professional Tennis Management and spotlighted four outstanding no-cut coaches.

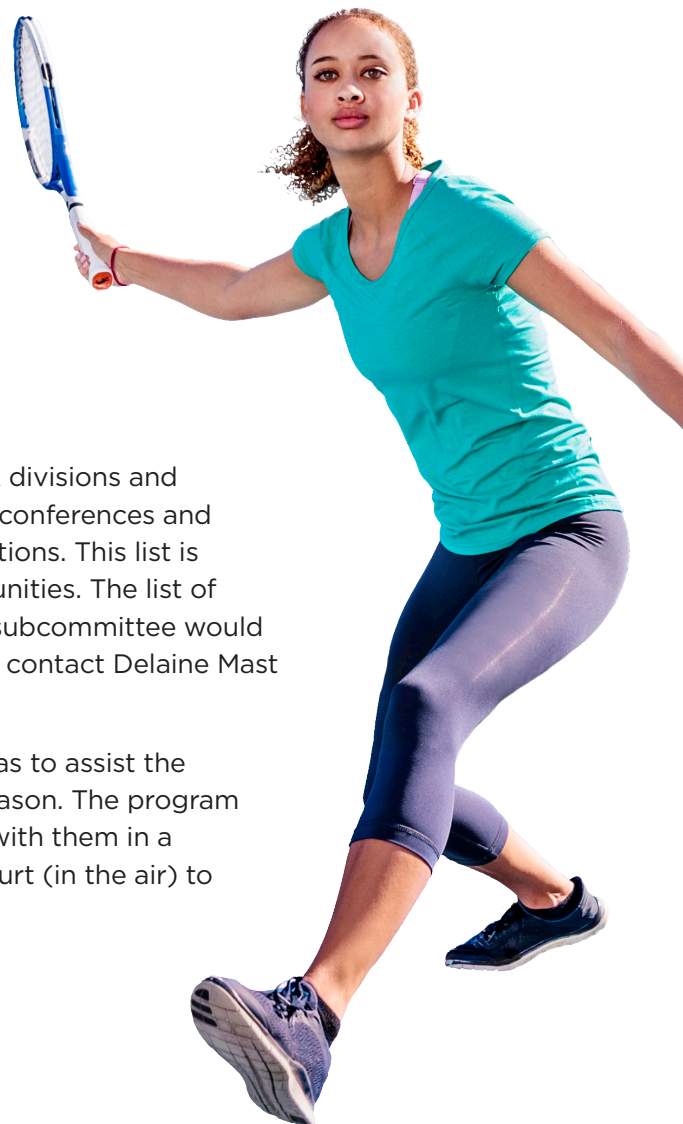
THIRD QUARTER 2018 HIGH SCHOOL SUBCOMMITTEE UPDATES

Schools Connection Subcommittee (Delaine Mast, Jackie Clark and Calvin Davis):

Join the members of the High School Committee and register NOW for Net Generation! The committee truly believes their actions speak as loud as their words. The group worked with Coaches, High Schools, Middle Schools and Elementary Schools to help them register with Net Generation, but also focused on their individual registration in tandem. The team is proud to announce that all of the High School Tennis Committee members have completed the Net Generation Registration.

With input from the USTA Sections, Coaches Associations, USPTA divisions and PTR Workshops, the subcommittee compiled a list of workshops, conferences and meetings that will be hosted by the various sections and organizations. This list is inclusive of High School Coaching and High School tennis opportunities. The list of workshops/meetings will soon be listed on Net Generation. . The subcommittee would love to include any additional dates that are not on the list. Please contact Delaine Mast at dmast4@aol.com to suggest additions.

Lastly, one of the subcommittees "out of season" opportunities was to assist the WTT High School Volleys against Violence during the WTT pro season. The program enables the local police to meet high school players and interact with them in a tennis setting. One boy and one girl from each team volleys on court (in the air) to win cases of tennis balls for their high school program.





Communication Subcommittee (Laurie Martin, Perren Wong and Bill Riddle)

As Coaches prepare for the fall tennis season, the Subcommittee would like to remind our stakeholders of the resources available for high school tennis coaches.

Online course: Coaching Tennis, developed by the National Federation of State High School Associations in partnership with the USTA, is an online course that provides a student-centered curriculum in tennis coaching techniques and methods for interscholastic teacher/coaches.

In-season and Pre-Season checklist: Provides tips, tools and practice plans to manage your team during the season; Out of season plans provide information on how to keep your players on the court and in the game throughout the year. [Pre-season checklist](#) and In-season checklist.

No-cut school tennis: No-Cut teams play a critical role in growing tennis by allowing students of all abilities to join a team representing their school. This opportunity helps create well-rounded student-athletes, develops leadership and teaches responsibility. [Tips for no-cut coaches](#)

Lastly, this edition continues to connect the dots in the High school ecosystem by highlighting Tennis on Campus and Professional Tennis Management programs. The No-cut spotlight rotates to four coaches from Hawaii, Pacific Northwest, Northern and Middle States Sections.

State Associations Subcommittee (Lindsey Atkinson, Bobby Kleinecke and Manny Moreno):

The team continued its outreach to the National Federation of State High School Associations (NFHS) member state associations and gathered feedback during the NFHS Annual Summer Meeting in Chicago. The overall feedback was positive. The State Associations were receptive and supportive of the production of educational materials for high school coaches from the USTA through Net Generation.

As for next steps, the State Associations are requesting that the USTA partner with the NFHS to create presentation material on rules that the States can use to facilitate coaches' meetings during the preseason. This among other topics will be reviewed by the entire USTA High School Committee as gathering state association feedback on current projects and ideas for potential future objectives is helpful in trying to meet the needs of high school tennis coaches around the country.



After High School Subcommittee (Denny Schackter, Dave Neuhart, and Gina Pileggi):

The subcommittee continued its mission building bridges to after high school products such as Collegiate Varsity, Tennis on Campus, Adult League and Professional Tennis Management programs. The team focused on facilitating the hiring of high school players as part time clinicians for programming and liaisons to Community Tennis Associations across public and private tennis facilities. Additionally, collaborative efforts are in place to promote Tennis On Campus and Collegiate Varsity tennis to high school players thru section and district USTA websites. Lastly, a stronger collaboration from the USTA HS Committee and Professional Tennis Management programs around the country is in place.

The innovative High School Mentor/Teen Council Program continues to thrive. The board of the local CTA is now mentoring the officers of the teen council and allows them to attend 1-2 board meetings a year. The students learn the mechanics on running a meeting, vote protocol, Roberts Rule of order, etc. It also keeps them engaged in what goes on in tennis around the city and state.

The subcommittee would like to remind readers of this newsletter to check their local state high school tennis coaches' association websites for upcoming clinics in their areas. Please also check the USPTA and PTR websites for clinics and certifications going on close to home. Lastly, there will be an Intercollegiate Tennis Association Alumni gathering at the Milwaukee Tennis Classic on September 24, 2018. All former college coaches and players are urged to attend. One of the goals of this meeting will be to promote high school tennis in their local communities and give back as volunteer coaches.

Tennis on Campus: Don't let tennis end after graduation! Players can choose a college major they want and still play college tennis with the Tennis On Campus program. Featuring a social and co-ed format, Tennis On Campus is collegiate club tennis that offers chances to meet and compete other teams from all over the country. [Click here](#) to find out more information and find your team!

Professional Tennis Management (PTM) programs are college level curriculums offered by six Colleges (Berry College, Ferris State, Hope College, Manhattanville College, Methodist University and the University of Central Florida), one Junior College (Tyler Junior College) and two graduate schools (San Diego State and the University of New Mexico). Many of these PTM programs offer the following: on-court playing and coaching development, a bachelor's degree in business, paid internships, work-force credentials and industry certifications, education and tennis industry networking, and job placement. [Click Here](#) to learn more!

NO CUT COACH SEPTEMBER 2018

Across the country, there are over 500 USTA No-Cut coaches registered. These coaches are going above and beyond to keep students involved in sports in high school and this month we are continuing our journey across the USTA sections to recognize 4 more coaches who run No-Cut. If you are thinking about running a No-Cut program, check out [“Tips for Organizing a Successful No-Cut High School Tennis Team”](#).



Waialua High School Coach Jacqueline (Jackie) Kawahakui, USTA Hawaii Section

One of the first times I played tennis I got some lessons from a local pro and within a year I was on the High School team beating everyone. I just loved to travel with the team to other schools and meet other players and families. I have since then never been without a racquet! I want any interested student to become a student athlete. Tennis really is for everyone, for a lifetime. My JV girls have 10 to 12 players, Varsity girls 15. The student body at Waialua High and Intermediate is only 600 including 7th and 8th graders. Three days a week practice and matches twice a week make for a full schedule. During stations I walk around and give positive feedback with technical instruction if needed. With these structured stations they tend to govern themselves well. We have tiebreaker Tuesdays and Challenge match Mondays. I try to make it as fun as possible and make sure everyone stay hydrated and injury free. The last 15 minutes of practice is fun and games with triples, attackers and defenders and the serve team vs return team to be favorites. Running a no-cut team is a great aspect of community building and strong friendships are formed. Tennis has something for everyone and everyone has something for tennis.



Conestoga Valley High School Coach Dale A. Gregg, Middle States USTA Section

I always felt that since tennis can be a life time sport, it was important for as many people as possible to be exposed to the sport and its strategies. Once I started my teaching and coaching career at Conestoga Valley, I was able to start a summer camp program (running 6 weeks and serving ages 5-18). It involved a Tiny Tot program (5-7 year olds) and groups for Beginners, Intermediate, Advanced and High School players. Because of all of these opportunities, I felt it only right to allow anyone that wished to participate on the High School teams. I have been coaching at CV since 1988-1989 school year (girls since 1988 and boys since 1989). The Girls Team averages about 35-40 players. The Boys team has gotten smaller recently (12-15 players the last 2 years) but overall for my coaching years, the boys averages 20-25 players. The most total team members were 56 girl players and 42 boy players – about 10 years ago. Each practice involves power ladders conditioning for footwork, medicine ball drills for strength building and balance and jump rope work for stamina and footwork. We have 2 ball machines that are used during most practices. Drills are coordinated by the coaching staff, but as the teams got bigger we made use of boy feeders for the girl's team and girl feeders for the boy's team. All players compete in each match. When other teams have limited players we compete against ourselves. But throughout the season all players compete against other squads. My Advice, Be organized. Treat everyone equally. Coach to each individual's strengths. Make everyone feel as though they are part of a group or family (everyone is important to the success of the group). Be flexible but consistent when dealing with players. Remember the best effort is all you can ask for from your players.



Coach Victor Youngs **South High School, USTA Northern Section**

I started playing tennis with friends at some courts in our neighborhood in Madison, WI. Not long after that, a friend asked me if I'd like to take some lessons at the University of Wisconsin. Our High School team typically practices for 2 hours after school at 2 different court sites. We have 5 courts at the high school and 4 at the middle school. I have one paid assistant that runs practices at the middle school for our younger and more inexperienced players. I also have one volunteer assistant that helps me with varsity and top JV at the high school courts a few days a week. We do a wide variety of drills and competitive games during practice. We also spend time with match play during practice. All kids play at least one doubles match each time we compete against another school. After everyone has played at least one doubles match, we begin putting on singles matches and continue until we run out of daylight!



We also host a JV Tournament at the end of the season. There are so many players that started as beginners and ended up playing varsity by the time they were seniors. Emphasize that tennis is a sport for a lifetime and the incredible character that our sport builds. Not everyone understands that tennis players act as officials and score keepers during their match. The sportsmanship that they learn while playing tennis, helps set the stage for our athletes becoming outstanding citizens. At South High, we have been blessed with enough facilities and coaches to hand pretty good numbers of tennis players.



Coach Mike Nakajima **Southridge High School USTA Pacific Northwest**

I started to play tennis when I was 9 years old when our parents and my siblings all moved to South America (dad's job) and was introduced to play on red clay. I think having a no-cut program is great, providing there is an outlet for them to play some matches other than against themselves. Some of the teams that came to play our team

had over 30 kids get off the bus (only 12 play varsity). No cut policy allowed some of the kids who has never played tennis to experience a high school tennis match. Due to the lack of experienced players on my team, I had to put some of the non-experienced kids playing varsity. They got to find out how much more they have to go to play at "that level" but because of this experience, some of these kids are completely hooked on tennis now! If we cut them from tennis, and they couldn't play, we will lose them to another sport. As coaches, we need to be very positive with the drills and practices so they get to learn the sport the right way and enjoy playing it. I am working on an "off season" program for "JV" players in our league to be able to get drills and match play in so they can continue to play, get better and maybe even make it on the team next spring.

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We hope you enjoyed the update. We look forward to your comments and suggestions to help advance high school tennis. Please email Mark Faber at faberm10s@aol.com for any comments or questions.