

HIGH SCHOOL COMMITTEE UPDATE: JULY 2019



The intention of this series is to update our stakeholders on both the progress of this committee and the current state of high school tennis from across the country. In this edition, we summarize the project team's progress and spotlighted Junior Team Tennis.

Coaching Tennis (online course)

Coaching Tennis, developed by the National Federation of State High School Associations, in partnership with the USTA, is an online course that provides a student-centered curriculum in tennis-coaching techniques and methods for interscholastic teachers/coaches. Coaching Tennis for High School covers the whole court, from coaching styles and developing your coaching philosophy to managing your team and your practices. [Click here](#) to access this course.

Organizing Your Team Tennis Season

Guiding a team through a season can be a daunting task, but we're here to help. [Click here](#) to find our pre-season checklist, tips and more on how to manage your team during the season. Sign in to your provider account on NetGeneration.com and check out the curriculum center to get access to even more tools, such as postseason rundown for how to keep your players on the court and in the game throughout the year.

No-cut Tennis Programs

No-cut school tennis teams play a critical role in growing tennis by allowing students of all abilities to join a team representing their school. This opportunity helps create well-rounded student-athletes, develops leadership and teaches responsibility.

Register on NetGeneration.com to receive free curriculum, video resources, information on trainings and workshops, and more.





Junior Team Tennis Transition to High School Play

Emily Even is a varsity tennis player at Xavier College Preparatory in Phoenix, Arizona. She loves everything about high school tennis and being a part of the team. Last year she was the state doubles runner-up, but unfortunately an injury sidelined her this past season. Despite this hardship, she was always at the matches and practices cheering on her teammates as one of the captains.

Emily and her teammates participated in Junior Team Tennis (JTT) prior to their season, and the competitive team environment helped them come together as a group even before their first official practice. Here, Emily shares what the JTT experience was like for her and her team:

Junior Team Tennis (JTT) was an amazing opportunity for my high school teammates and me to compete at a high level and bond before the high school season. JTT is an excellent transition from USTA tournaments to high school tennis, creating a very competitive environment, as well as one in which having fun and cheering loud are encouraged. This experience also gave me the opportunity to travel to the USTA National Campus with my teammates, which gave us a lot of time to get to know each other on and off the court. This bond has been extremely beneficial to the success of our high school season. I am super grateful for the opportunity JTT provided my teammates and me to grow in our game and grow closer as a team.

This summer, the tournaments that comprise the US Open Series will be hosting High School Days for local High School teams. These High School Days are opportunities for teams to build camaraderie, get excited about their seasons, and attend an up-close experience with the best our sport has to offer.



HIGH SCHOOL DAY AT US OPEN SERIES EVENTS

- [Atlanta Open](#), Atlanta, GA – Tuesday, July 23
- [Mubadala Open](#), San Jose, CA- Thursday, August 1
- [Western & Southern Open](#), Cincinnati, OH- Sunday, August 11th
- [Winston Salem Open](#), Winston Salem, NC- Tuesday, August 20th

USTA HIGH SCHOOL SUBCOMMITTEE UPDATES

Net Generation Outreach

IMPORTANT: In an effort to assist all coaches who wish to attend an upcoming coaches' workshop, we have put a listing of workshops together that will be hosted on the NFHS website. The listing will be updated as new dates and workshops throughout the country become available. Please see the following workshops and contact Delaine Mast (dmast4@aol.com) with any additional dates and information that you know about.

High School Coaches' Workshops

- **7/23/19:** Nebraska Coaches Association Annual Clinic, Lincoln, NE
- **8/1/19:** USTA Rhode Island Board High School Clinic, TBA
- **12/6/19:** Texas Tennis Coaches Association Convention, Horseshoe Bay, TX

Educating Coaches

As part of the USTA National High School Committee, one of our goals is to build awareness on the current strategy of educating coaches, while connecting them directly to their local USTA office. We can accomplish this by communicating resources and utilizing coaches as key ambassadors to assist in enhancing high school tennis. First and foremost, we need to get the word out to as many coaches as possible and build resources on the NFHS Tennis web page, which will link to Net Generation and other USTA resources. In addition, our subcommittee will be developing a NFHS presentation for the state associations, to be used annually for coaching education. We will also coordinate the research that was already done over the past two years with regards to the rules and regulations of each state association.

NFHS relationships with State Coaches' Associations

The overall goal of our subcommittee is to further enhance relationships with NFHS state associations and state tennis coaches' association members. In order to begin to strive for strengthening these relationships, we will work to update our current contact list for state association tennis administrators and to identify leaders of each state tennis coaches' association. Once we have identified the key stakeholders in both the administrative and coaching roles in each state, our subcommittee will work to create opportunities for engagement and collaboration. The engagement will begin on June 30, when the USTA hosts a breakfast at the NFHS Annual Summer Meeting for all of the high school tennis administrators.

We hope you enjoyed the update. We look forward to your comments and suggestions to help advance high school tennis. Please email Laurie Martin lmartin@xcp.org for any comments or questions.